



## TREATMENT COURT ETG AND PROHIBITED SUBSTANCES AGREEMENT

Some products can produce a positive drug or alcohol test and should not be used while participating in a treatment court. Review the below list of products and become familiar with these products so you do not accidentally consume something that will result in a positive drug or alcohol test. Read product labels, to know what is contained in the products you use and consume and inspect these products **before** you use them. Positive alcohol or drug tests after use will result in a sanction. **When in doubt, do not use, consume, or apply.**

### INCIDENTAL INGESTION OF SUBSTANCES THAT PRODUCE A POSITIVE DRUG TEST

The below products are some examples of products that could produce a positive drug test and should not be used while participating in a treatment court.

**Poppy Seeds:** Poppy seeds contain trace amounts of both codeine and morphine and can cause positive drug test results for the “opiates” class.

**Diet Pills:** Some diet pills contain amphetamines and can cause a positive drug test for amphetamine-based compounds.

**Allergy or Cold Medications:** Some allergy and cold medications contain codeine and can cause a positive drug test for opiate-based compounds.

**Legal Substances/Medications:** I understand that just because a substance can be purchased, consumed or used legally, such as alcohol, CBD, kratom, or Synthetic or designer drugs, I am prohibited from possessing, ingesting, or using such substances.

### INCIDENTAL ALCOHOL EXPOSURE

Below are examples of some products that contain alcohol and should not be used.

**Cough syrups and other liquid medications:** Nyquil® and other cough syrup brands and numerous other liquid medications rely upon ethyl alcohol as a solvent. Please read product labels carefully to determine if they contain ethyl alcohol (ethanol). All prescription and over-the-counter medications should be reviewed with your probation officer before use. Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol cough and cold remedies are readily available at most pharmacies and major retail stores.

**Non-alcoholic beer and wine:** Although legally considered non-alcoholic, NA beers such as O'Doul's® and Sharps® do contain a residual amount of alcohol.

**Food and other ingestible products:** There are numerous other consumable products that contain ethyl alcohol that could result in a positive test for alcohol. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts, such as ginkgo biloba, could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, kombucha and flambé dishes (alcohol poured over a food and ignited such as cherries jubilee and baked Alaska) should be avoided. Please read labels carefully on any liquid herbal or homeopathic remedy.

**Mouthwash and breath strips:** Most mouthwashes, such as Listerine®, Listermint® and Cepacol®, and other breath-cleansing products contain ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips should be avoided. Non-alcohol mouthwashes, such as Listerine®ZERO™ are readily available and are an acceptable alternative.

**Hand sanitizers:** Hand sanitizers, such as Purell® and Germex®, and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. Excessive, unnecessary or repeated use of these products could result in a positive urine test. Hand-washing with soap and water are just as effective for killing germs.

**Hygiene products:** Aftershaves and colognes, hair sprays and mousse, astringents, such as Calomine® lotion and Witch Hazel®, insecticides, such as Off® bug spray, and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products (or their breakdown products) would result in a positive test for alcohol, excessive, unnecessary, or repeated use of these products could affect test results. Please use such products sparingly to avoid reaching detection levels.

**Solvents and lacquers:** Many solvents, lacquers and surface preparation products used in industry, construction and the home contain alcohol. Both excessive inhalation of vapors and topical (skin) exposure to such products can potentially cause a positive test result for alcohol. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. If you are employed where contact with such products cannot be avoided, please *discuss this with your probation officer*. Do not wait for a positive test result to do so.

#### **CBD AND THC PRODUCTS**

I understand that I cannot possess, ingest, or using CBD and THC products, even though these products can be lawfully purchased. This includes CBD products of any type (oils, gummies, edibles, and topical products such as creams, lotions, ointments, and balms) and any products containing THC (Delta 8, Delta 9, etc.).

**WHEN IN DOUBT, DO NOT USE, CONSUME OR APPLY.**

**I have read and understand that any positive drug or alcohol test will be considered a violation and result in a sanction.**

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

12-7-23